



TreePAC Newsletter – April 2020

Hello everyone, and we hope this newsletter finds everyone safe and healthy with the CV19 situation here in the greater Seattle area hitting us harder than many other areas of the country.

While the overall effect will of course be to slow down public meetings and usual SeaCC action against our trees given other priorities, **we still need to pay close attention in case things try to slip past scrutiny** (*the past two weeks' SeaCC debacle on CB 119769 exempting public oversight of developers comes to mind, definitely*) – keep your eyes and ears open!

In the meantime, to the extent that you can do it safely, the trees and urban forest of Seattle can offer some solace. What follows are a series of articles (some old, some new) on this topic. Take a moment for Nature and your mental health in these stressful times – you'll be glad you did.

[What Is Forest Bathing and How Do You Do It?](#) - SportsRec, Nov 2018

[What is 'forest bathing' – and can it make you healthier?](#) - Guardian, Aug 2018

['Forest Bathing' Is Great for Your Health. Here's How to Do It](#) – TIME, May 2018

[Charles Mudede, Sept 2017 series from *The Stranger*:](#)

[It's the End of the World and I'm Forest Bathing](#)

[Tree Bathing Note 1: Wood Is The Greatest Stuff Ever](#)

[Forest Bathing Note 2: The Science of Leaves](#)

[Forest Bathing Note 3: Why A Spaceship Should Be Like a Forest](#)

[Forest Bathing Note 4: Why Sarah Bergmann Clashes with Bee People](#)

[Trees of Seattle University](#) (great map, they do tours too)

New Apps!!

[Trees for Seattle](#) has published a new Seattle Tree Walk app! [Android](#) [Apple](#)

Other PNW & Tree Apps: [Trees Pacific NW](#) [More info](#)

[USFS PNW Forests](#) (Apple only)

and of course check out our [Tree App page](#) at TreePAC.org

And, as regards **Protecting Seattle Trees:**

1) Now is **not** the time to let up – Keep going to the **Don't Clearcut Seattle** website and click Take Action – keep submitting comments to the Mayor and City Council! – if you see something, say something. If you are worried about trees in your neighborhood or near a friend's house, near a park, school or business district – if you see something, say something. **Every. Tree. Matters.**

2) Keep the calls and letters coming to the City Council and Mayor that you want them to **Protect Seattle Trees:**

Mayor Jenny Durkan: 206-684-4000 jenny.durkan@seattle.gov

City Council (by District):

(NOTE: you can contact all 9 Councilmembers by emailing council@seattle.gov)

D1: Lisa Herbold	206-684-8801	Lisa.Herbold@seattle.gov
D2: Tammy Morales	206-684-8802	tammy.morales@seattle.gov
D3: Kshama Sawant	206-684-8803	Kshama.Sawant@seattle.gov
D4: Alex Pedersen	206-684-8804	alex.pedersen@seattle.gov
D5: Debora Juarez	206-684-8805	debora.juarez@seattle.gov
D6: Dan Strauss	206-684-8806	dan.strauss@seattle.gov
D7: Andrew Lewis	206-684-8807	andrew.lewis@seattle.gov
P8: Teresa Mosqueda	206-684-8808	teresa.mosqueda@seattle.gov
P9: Lorena Gonzalez	206-684-8809	lorena.gonzalez@seattle.gov

...and as always, a phone call is often worth the value of **many** emails if you have the time to make one!

3) Know of exceptional or even potentially Heritage Trees in your neighborhood? Submit them to **The Last 6,000** (seen below) and the [Seattle Heritage Tree Program!](#)

4) Want to save a tree at risk? David Moehring of the TreePAC Board has put together a great step by step guide on how – [click here](#).

5) **Get a shirt, mug, sticker, pin or banner!** Besides the Don't Clearcut Seattle yard signs (*we still have some left, just ask us!*), you can show your tree spirit by wearing a shirt, using a mug, posting stickers and banners! - [check them all out here](#) – all proceeds after costs support TreePAC and Don't Clearcut Seattle – if history is any guide, they typically go on sale again towards the end of each month, keep an eye on the site, typically up to 35% off. And if you have ideas or designs to submit, [let us know](#).

6) **Tree Ordinance** – The first 5 pages of the current Urban Forest Commission draft ordinance linked here are an outline of its contents, followed by the actual provisions – please review and submit feedback to the Seattle Urban Forestry Commission.

***Draft UFC revision to Council D7 draft – Tree Regulations:
Tree and Urban Forest Protection and Land Use Regulations***

7) Any or all of the articles linked below in our News section(s) are fair game for supplying to the City Council and Mayor re tree protection – please remember when writing to the city that ***existing trees are usually even more effective*** than mass plantings, ***if protected***. – we need BOTH.

Local Tree Activist Groups and Social Media:

NOTE: these are tree-supporting area groups and social media feeds, including links to their event calendar(s). If you have some not seen here, please let us know so we can add them – *TreePAC*.

TreePAC: [***Facebook***](#) [***Twitter***](#)

If you wish to become involved in working on an updated Seattle Tree Ordinance, please reach out! You can securely donate to the cause by clicking here: [**DONATE**](#)

Seattle Urban Forestry Commission:

Meetings are posted at the link immediately below, usually 1st and 2nd Wed each month from 3-5pm. Next meetings are May 6, May 13, June 3, June 10 and July 1, 2020.

In the current CV situation, meetings will be held over Skype conference call instead of in person - please click through for the current number/login. NOTE: If you have interest in future consideration for this commission, submit your info and request to [**Sandra Pinto de Bader**](#).

Plant Amnesty (Seattle area): [***Facebook***](#) [***Twitter***](#) [***Instagram***](#)
[**Urban Forest Gateway**](#) [**Events**](#) [**Classes-Workshops**](#) [**Adopt-a-Plant**](#)

Friends of Seattle's Urban Forest: [***Facebook***](#) [***Twitter***](#) [***Instagram***](#)
[**Coalition**](#) [**News**](#) [**Other Tree Ordinances**](#)

Don't Clearcut Seattle (yard signs and more!) [***Facebook***](#) [***Instagram***](#)
[**Events**](#)

Local Tree/Activist groups (cont.)

Bloedel Reserve (Bainbridge Island) – [Events listing](#) [TEMPORARILY CLOSED]

DIRT Corps (Duwamish Infrastructure Restoration Training) [Facebook](#) [Instagram](#)

E3 Washington (Environment, Equity, Economy): [Facebook](#) [Instagram](#)
[Western WA Events Calendar](#)

Earth Corps (events across Greater Seattle): [Facebook](#) [Instagram](#)
[Volunteer Calendar](#) (all events canceled for immediate future due to CV19 situation)

Eco Lógica magazine: [Facebook](#) - [Articles](#)

Forterra (Greater Seattle area): [Facebook](#) [Twitter](#) [Instagram](#)
[Events and local Work Parties, restoration](#) – (many events getting canceled due to CV)

Friends of Seward Park: [Facebook](#) Monthly Meeting/activities - [2nd Sat of most months](#) (NOTE: due to CV19 situation, email ahead confirm event not canceled)

Green Seattle Partnership: [Facebook](#) [Instagram](#)
(NOTE: *due to CV19 situation, all volunteer events canceled until further notice*)

Keep Ballard Trees Standing: [Facebook](#)

King County: [We're Planting 1 Million Trees by 2020](#) [Events](#)

Nature Conservancy WA: [Facebook](#) [Twitter](#) [Instagram](#)

Nature Consortium: [Facebook](#)

Save Shoreline Trees: [Facebook](#)

Local Tree/Activist groups (cont.)

Seattle Audubon: ***Facebook*** ***Instagram*** ***Events Calendar***

Seattle Green Spaces Coalition ***Facebook***

Seattle Nature Alliance: ***Facebook*** ***Instagram***

SER Northwest: ***Facebook*** - click here for their ***Events Calendar***

Seward Park Audubon Center: ***Facebook*** ***Instagram*** – ***Events Page***

Sierra Club of WA: ***Facebook*** ***Instagram***
– Wed 5/6, 6/3, 7/1, 9/2 @7pm: ***National Forest Committee Meeting***

Sustainable Seattle: ***Facebook*** ***Instagram*** - ***Events***

The Last 6,000: ***Instagram*** - ***Latest Newsletter***

The Seattle Lorax: ***Twitter***

Thornton Creek Alliance: ***Facebook*** - ***Calendar***

TreeKeepers Alliance: ***Facebook***

Trees for Seattle: ***Facebook*** ***Events***

Vanishing Seattle: ***Facebook*** ***Instagram***

WA Native Plant Society ***Facebook*** ***Instagram***

Local/PNW Tree News:

[Human Elements: Preserving 600-year-old giants](#) – **Crosscut, Apr 27**

[Union Bay Natural Area: A wild reminder of togetherness](#) - **UW Daily, Apr 27**

[Portland Commissioner Position 2 candidates explain what they believe are the city's biggest inequities](#) – **Oregonian, Apr 27**

[Through coronavirus pandemic and two world wars, this Des Moines nursery keeps people planting and believing](#) – **SeaTimes, Apr 26**

[Blossoms](#) - **Shoreline Area News, April 26**

[How Climate Activist Jamie Margolin Plans to Save the World \(and Graduate High School\)](#) – **Seattle Magazine, April 2020**

[Climate change lecture unearths historical 'Gaia hypothesis'](#) - **UW Daily, Apr 26**

[Social distancing and its environmental implications: What could they mean for our future decision-making?](#) - **UW Daily, Apr 26**

[Northwest maple syrup? UW testing local bigleaf maples for sweet industry](#) – **SeaTimes, Apr 26**

[Even in the winter, this cultivated 'conifer kingdom' on Fox Island shines with layers, shapes and constant interest](#) – **SeaTimes, Apr 25**

[Is the Emerald City Becoming the New "Stumptown?"](#) - **Conservation Catalyst, Apr 24**

[The Man Who Started Earth Day](#) – **SeaPI, Apr 22**

[Earth Day's 50th anniversary goes digital: Here's how in Seattle](#) – **SeaPI, Apr 22**

['We've got one planet and one chance': Extinction Rebellion UW works to fight climate injustice through direct action](#) – **UW Daily, Apr 22**

[Mukilteo's lumbering legacy | Muk Revisited](#) – **Mukilteo Beacon, Apr 22**

[Idaho pursuing land exchange deal with timber company, US](#) – **SeaPI, Apr 21**

[The pandemic might set back field science for years](#) – **Crosscut, Apr 17**

Local/PNW Tree News (cont.)

[‘Stay Healthy Streets’ to launch with High Point greenway going almost car-free](#) – **West Seattle Blog, Apr 16**

[7 worthy schoolyard walks that will get your heart pumping during the quarantine](#) – **Kitsap Sun, Apr 16**

[10 pioneer-era apple varieties, thought extinct, found in PNW](#) – **LA Times, Apr 15**

[Aircraft to spray for invasive moths in Everett, Woodway](#) – **SeaPI, Apr 14**

[For the Birds: Save the birds – Protect their nests](#) - **Shoreline Area News, April 14**

[Culvert replacement to be more “fish-friendly”](#) - **Shoreline Area News, April 9**

[Reconnecting with nature at a safe distance](#) – **UW Daily, Apr 9**

[Snohomish PUD receives Arbor Day Foundation Award](#) – **Mukilteo Beacon, Apr 8**

[Human Elements: Healing forests with fire](#) – **Crosscut, Apr 6**

[Why Old-Growth Trees Are Crucial to Fighting Climate Change](#) – **WIRED, Apr 1**

[Foster Island: A world away from home, within walking distance](#) – **UW Daily, Mar 30**

[Mount Baker-Snoqualmie National Forest closes amid CV-19](#) – **Everett Herald, Mar 28**

[Coronavirus could make fighting Washington wildfires harder](#) – **Crosscut, Mar 27**

[How coronavirus changed my neighborhood stroll](#) – **Crosscut, Mar 26**

[Discover 6 botanical spaces in this garden paradise](#) – **Federal Way Mirror, Mar 23**

[Fresh air fun: The 17 best parks and trails in Seattle](#) – **SeaPI, Mar 22**

[Breathtaking blooms: 7 Seattle spots to see spring blossoms](#) – **SeaPI, Mar 19**

[How Washington allows clear-cut logging in cities that don’t want it](#) – **Crosscut, Mar 19**

[Good trees for urban gardens: Plants \(mostly native\) for a Pacific Northwest hedge row](#) – **MyEdmonds News, Mar 18**

[What will historians make of Seattle 500 years from now?](#) - **Crosscut, Mar 18**

Local/PNW Tree News (cont.)

[Trees, Green, and All Your Nature Needs](#) – **SeattleU Spectator, Mar 12**

[UW won't prevent cherry blossom tourism amid coronavirus](#) – **UW Daily, Mar 10**

[O Canada: These are the best big and small towns to visit and hang out in British Columbia](#) – **SeaPI, Mar 5**

[Bellevue Parks discusses Well-K.E.P.T. program's accomplishments](#) – **Bellevue Reporter, Mar 5**

[Protecting more of the Olympic Peninsula would be a win for public lands and the economy](#) – **SeaTimes, Feb 27**

[Hilary Franz Does Epic S***](#) - **The Stranger, Feb 26**

[Forests and Swift Water: A Love Story](#) – **Nature Conservancy WA, Feb 26**

[Wild Olympics Bill to protect environment passes House](#) – **Tacoma Weekly, Feb 22**

[County explores options for 27 acres: canceled DNR land swap](#) – **Kitsap Sun, Feb 19**

[Looking back: 1930s WPA project transformed Forest Park](#) – **Everett Herald, Feb 15**

[Bothell approves PROS plan](#) – **Bothell-Kenmore Reporter, Feb 12**

[House passes huge wilderness bill to protect 1.3 million acres](#) – **Wilderness Society WA, Feb 12**

[Experience the outdoors while staying indoors: A trip to the Volunteer Park Conservatory](#) – **UW Daily, Feb 10**

[Timely Tree Tips–Building Cities for Big Trees](#) – **TreeLink News, Jan 13**

Tree News elsewhere:

Arbor Day Foundation – [Blog \(regularly updated with Tree News everywhere\)](#)

[Country diary: dead trees offer a branch of hope](#) – **Guardian, Apr 28**

[VIRUS DIARY: Planting an apple seed, dreaming of tomorrow](#) – **TacNwsTrib, Apr 28**

Tree News Elsewhere (cont.)

[Three Rivers earns award for Whiting Forest canopy walk](#) – **SeaPI, Apr 26**

[Dog sleuths sniff out crop diseases](#) – **SeaPI, Apr 26**

[Farm harvests metal from plants](#) – **SeaPI, Apr 26**

[Lake Conroe Lions: Lake Conroe Lions commemorate Arbor Day](#) – **SeaPI, Apr 26**

[44 plant species now illegal to sell, exchange in Indiana](#) – **SeaPI, Apr 25**

[Jethro Tull's Ian Anderson on Planting Thousands of Trees to Help Combat Climate Change](#) – **SeaPI, Apr 24**

[An Instrument Maker Is Building Guitars Out of Highway Trees](#) – **SeaPI, Apr 24**

[Illinois conservation district brings outdoors inside](#) – **Tacoma NewsTribune, Apr 24**

[Wilton Naturalist: Taking a 'bath' in the forest](#) – **SeaPI, Apr 23**

[Prized planet: Earth Day's 50th anniversary worth celebrating](#) – **SeaPI, Apr 22**

[On Earth Day look back at some of Keep Midland Beautiful's tree planting events](#) – **SeaPI, Apr 22**

[The 50 Biggest Moments in Environmentalism Since First Earth Day](#) – **SeaPI, Apr 22**

[Earth Day's global legacy, 50 years later](#) – **Kitsap Sun, April 21**

[Amazon is spending \\$10M to expand forests and capture carbon](#) – **SeaTimes, Apr 21**

[An Earth Day anniversary talk with Bill McKibben](#) – **SeaPI, Apr 21**

[Celebrate Arbor Day](#) – **SeaPI, Apr 21**

['Whether lit by the sun or moonlight, this walnut tree always makes me happy'](#) – **Guardian, Apr 20**

[Reader celebrates 50 years of Earth Day](#) – **SeaPI, Apr 19**

[Vermont's Putnam State Forest expands by almost 1,900-acres](#) – **SeaPI, Apr 18**

[Trees destroyed at Las Vegas park named after slain officer](#) – **SeaPI, Apr 18**

Tree News Elsewhere (cont.)

[The first Earth Day was a shot heard around the world](#) – **SeaPI, Apr 17**

[In the redwoods, logging and tree sitting continue, even as the pandemic shuts mills](#) – **LA Times, Apr 16**

[Prizes offered for walking trails in Wilton \(CT\)](#) – **SeaPI, Apr 17**

[‘There’s No More Water’: Climate Change on a Drying Island](#) – **NY Times, Apr 16**

[Country diary: this lofty tree is a pandemic survivor](#) – **Guardian, Apr 15**

[‘A Reminder That Nature Is Strong’: In Japan, A 1,000-Year-Old Cherry Tree Blooms](#) – **KNKX, Apr 14**

[The Defiant Beauty of Cherry Blossom Season](#) – **NY Times, Apr 14**

[California’s plan for Joshua Trees: good for more than just U2 fans](#) – **LA Times, Apr 13**

[Scientists: Joshua Trees may warrant listing as threatened](#) – **LA Times, Apr 13**

[‘It brings me calm whenever I’m in its presence’](#) – **Guardian, Apr 13**

[Animal Viruses Jumping to Humans. Forest Loss Makes It Easier.](#) - **NY Times, Apr 9**

[Tolkien right: giant trees have towering role in protecting forests](#) – **Guardian, Apr 9**

[‘This little cherry tree just won’t give up – it makes me so happy’](#) – **Guardian, Apr 6**

[Maine forest owners receive biggest donation in history](#) – **SeaPI, Apr 5**

[HS2 wood clearance to go ahead as Chris Packham legal bid fails](#) – **Guardian, Apr 3**

[Decision to renew Victorian logging agreements criticised after summer bushfires](#) – **Guardian, Apr 2**

[‘Betrayal of trust’: HS2 criticised over removal of woodland soils](#) – **Guardian, Apr 1**

[Oregon man leaves \\$2 million for Montana forest museum](#) – **SeaTimes Mar 29**

[Call to the wild: Great outdoors an escape in tough times](#) – **SeaPI, Mar 29**

[D.C. planted nearly 80 trees/day: It’s running out of space.](#) - **Washington Post, Mar 27**

Tree News Elsewhere (cont.)

[The Beautiful World Beside the Broken One](#) – NY Times, Mar 23

[Fewer oaks, more conifers: Britain's forests must change to meet climate targets](#) – Guardian, Mar 22

[Renewal and regrowth: how a glorious fig tree became a metaphor for my life](#) – Guardian, Mar 21

['The forest is now terribly silent': land set aside for threatened species entirely burnt out](#) – Guardian, Mar 21

[Robert Miller: Find your center through nature while social distancing](#) – SeaPI, Mar 21

[Stubble in paradise](#) – PLU Mast, Mar 19

[Pine tree near flooded Czech village: European tree of the year](#) – Guardian, Mar 17

[Plantwatch: kelp – forgotten forests that help tackle climate crisis](#) – Guardian, Mar 17

[The expanding mission of conservation officers](#) – SeaPI, Mar 15

[Australia's Fire-Ravaged Forests Recovering. Ecologists Hope](#) – KNKX, Mar 14

[State MPs dismayed at NSW Forestry logging unburnt habitat after bushfires](#) – Guardian, Mar 14

[Carbon benefits of fast-growing trees have been clearly proven](#) – Guardian, Mar 13

[Energy vs. land: Land critical solution to climate change](#) – SeaPI, Mar 11

[Michigan forests, Buddhist text inspire new exhibit](#) – SeaPI, Mar 11

[London's Trees Are Saving the City Billions](#) – CityLab, Mar 9

[Battle Oak legacy trees planted at historic Woods Cemetery in northwest Houston](#) – SeaPI, Mar 5

[The Secret to Enjoying Nature Is ... Your Phone](#) – WIRED, Feb 26

[Congress: save our forests with Land-Water Conservation Fund](#) – Kitsap Sun, Feb 19

[Scientists Revive Ancient Trees From 2,000-Year-Old Seeds](#) – KNKX, Feb 6

Tree News Elsewhere (cont.)

[Turning a Vast, Post-Industrial Wilderness Into a Park in Pittsburgh](#) – CityLab, Dec 31

[What Are Trees Worth to Cities?](#) - CityLab, Apr 2016

[The Inequality of Urban Tree Cover](#) - CityLab, May 2013

Books and other media:

Native Trees of the Pacific Northwest: A Geographic Guide

The Salmon Forest - *The Salmon Forest is a 30-minute documentary film that explores the connection between wild salmon and life in Alaska's Tongass National Forest, the largest national forest in the United States. (YouTube)*

[New & Noteworthy, From Galileo to 'Dunces'](#) - NY Times, Apr 28 (Books)

[Splendid isolation: how I stopped time by sitting in a forest for 24 hours – podcast](#) – Guardian, Apr 24

[Our forests are in trouble, says Portland author of "Trees in Trouble", and the CV19 pandemic won't help](#) – Oregonian, Apr 13

[21 new & classic books to keep you in touch with the natural world](#) – LA Times, Apr 6

[Formafantasma: Cambio review – how good is wood?](#) - Guardian, Mar 5

Treehugger's Podcast: [latest here.](#)

Heritage Tree Podcasts (Portland, OR): [latest here.](#)

How do Trees Collaborate? (NPR, 2017): [TED Radio Hour](#)

From Tree to Shining Tree (Radiolab, July 2016): [podcast here.](#)

Trees are Key podcast (TX A&M Forestry): [series here.](#)

[The Truth about Trees](#) (video documentary series)

[Call of the Forest](#) (Canadian tree movie documentary)

TreePAC organization info:

“Are you tired of pleading, asking, arguing and proving that trees have public value? Join TreePAC and make change happen. Together we will be a lobby as powerful as the sports lobby.” [Cass Turnbull, TreePAC founder.](#)

Mission: The TreePAC mission is to influence local government to protect, maintain and increase the Seattle-area urban forest.

Website: <https://www.treepac.org/>
Facebook: <https://www.facebook.com/TreePAC.org/>
Twitter: <https://twitter.com/TreepacO>

How to join (or donate) to TreePAC: <https://treepac.org/join/>
Who we are: <https://treepac.org/board/>

Mailing List: send an email to ovaltinelatte@hotmail.com to be added.